

INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY HEALTH SCIENCES ISSN: 2394 9406

INDEX

Index And Editorial's

- Dr. Houserao A Patil Jadhav Editor In Chief (Pages 1 To 2)
- 1. "DISEASE REVIEW AND MANGEMENT OF VICHARCHIKA THROUGH AYURVEDIC CLASSICS"

*Vd. Ganesh Baban Kolte*¹, *Vd. Sanjay Patil*², *Vd. Sonal Shah*³ (*Page No-3-9*)

2. "MANAGEMENT OF AVABAHUK THROUGH AYURVEDA"

Dr. Ganesh Purushottam Deokar¹, Dr. D.K.Parida² (Page No 10-14)

3. "REVIEW ON COMPLEMENTARY FEEDING IN INFANT -AN AYURVEDIC PERSPECTIVE AND ITS CORRELATION WITH CURRENT IYCF GUIDELINES"

Dr. Gauri R. Hukkeri¹, Dr. Sanskriti Mirashi² (Page No 15-22)

4. "REVIEW ON AYURVEDIC CONCEPT OF AGNIMANDYA"

Dr.Kranti Tukaram Toraskar¹, Dr.Sonal Abhijeet Shah², Dr. Ashutosh Patil³ (Page No 23-29)

5. "ROLE OF PANCHKARMA PROCEDURES IN THE MANAGEMENT OF NEUROLOGICAL DISORDER- CEREBRAL PALSY"

Dr. Nilima Chaudhari¹, Dr. Deepak Parida², Dr. Supriya Kamble ³, Dr. Kapil Patil⁴ (Page No 30-35)

6. "CONCEPTUAL STUDY OF RAJASWALA PARICHARYA TO PREVENT MENSTRUAL DISORDERS"

Vd. Gachande Nisha Bhagwat¹, Vd. Kongi Hemlata² (Page No 36-41)

7. "MANAGEMENT OF SANDHIGATAVATA (JANU SANDHI) BY USING JANUBASTI"

Vd. Pooja Rajendra Gaikwad¹, Dr. D.K. Parida²(Page No 42-47)

8. "AN APPRAISAL ON *NASYA* THERAPY, ITS TYPE AND MODE OF ACTION IN AYURVEDA"

Dr. Pooja S.Pol¹Dr. Deepak Parida²Dr. Vinay Chavan³, Dr. Supriya Sangale⁴(Page No 48-53)

9. "CONCEPTUAL STUDY OF EFFICACY OF SHIRISHADI-VALKALA AGADA IN VISARPA"

Dr. Sandip kondibhau Jadhav¹, Dr.Shruti Dinesh Bhokare²(Page No 54-57)

10. "TO STUDY THE EFFICACY OF HARIDRA KALKA LEPA IN STRIAE GRAVIDARUM (GARBHINI KIKKISA)"

Dr. Sayali Ramesh Takawale¹(Page No 58-62)

11. "EVALUATION OF LIFESTYLE RELATED FACTORS AND MANAGEMENT MODALITIES IN POLY CYSTIC OVARIAN SYNDROME"

Dr. Sayali Ramesh Takawale¹, Dr. Hemlata Kongi², Dr. Mushraf R. Sayyad³(Page No 63-68)

12. "A REVIEW ON TRIVIDHA PARIKSHA AND ITS IMPORTANCE"

Dr. Sonali Pramodrao Mahamune¹, Dr. Suhas B. Mohite2, Dr. G.A. Mulik³(Page No 69-78)

13. "METHODS OF SHODHAN SANSKAR OF BHALLATAK SEEDS MENTIONED IN AYURVEDA: A REVIEW"

Dr. Sumit Rathi¹, Dr. Santoshi Mane², Dr. Houserao Patil³(Page No 79-85)

14. "COMPARITIVE STUDY OF GENITAL TRACT INFECTIOUS DISEASES WITH *YONIVYAPADA*" S

Dr. Vijayalaxmi Chindak¹(Page No 86-93)

15. "MANAGEMENT OF MANYASTAMBHA WITH STANIKCHIKITSHA"

Vd. Kasturi Chandrakant Patil¹, Dr. Deepak Kumar Parida²(Page No 94-97)

16. "IMPORTANCE OF AAHAR AS PATHYA AND APATHYA IN DIABETES TYPE II"

Dr. Chinmay Anand Shinde¹, Dr. Rahul Nakil², Dr. Shweta Nakil³ (Page No 98-104)

Editorials:

PREVENTION OF COVID -19 AFTER UNLOCKING:

After unlocking people are eager to go out, wander and to release their stress of locking themselves from a long period. The guidelines of unlocking are being issued from the authorities for stepwise unlocking. The same things are to be expected to be followed strictly. The social distancing, handwashing and wearing masks are proven to be very effective for the prevention of the corona infection. Also the preventive measures issued by the ministry of AYUSH e.g. use of some herbal remedies for the prevention of COVID -19 are also to be continued.

We hereby request you to be safe and healthy by using above measures.

Editor in Chief

Dr.Houserao A. Patil Jadhav MD Agadtantra Ph.D. Scholar Associate Professor Department Of Agadtantra. LRPAMCHPGI&RC Islampur